

Report to Saltash Town Council from Livewire youth project for September, October, November and December 2022

1. Number of open access sessions run: 38 during these sessions young people have been able to have music lessons [guitar, bass, drums, keyboard, vocals, live sound and music technology], lessons in stage lighting, rehearsal space, perform on stage, and record. Young people can also take part in single issue programmes, have youth work support or counselling, volunteer, socialise and take part in our development group and on Wednesday evenings our junior members can take part in Art workshops. In addition to our open access sessions we have also had a young women's music session on Tuesday evenings 13 in total and during these sessions young women are encouraged to come along and make music with 2 musicians these sessions are also run by a JNC qualified youth worker so young women can also access youth work support and we have a counsellor attending these sessions so that counselling can also take part on Tuesday evenings. We have also continued to run our wellbeing sessions on Friday evenings, 13 in total, these sessions are designed to cater to young people that might be too anxious for open access sessions as they are quieter and young people attending these sessions can access the art workshops or support with a counsellor or JNC qualified youth worker who runs the session or they can make music with a musician, we also have a wellbeing volunteer at these sessions as well as a therapy dog. On Saturday we also run a recording session 15 in all for bands and individual young people with music to record. Although we are now running the recording studio on Monday evenings which started in December.
2. Number of detached/outreach youth work sessions run: 4 we haven't been running the detached/outreach sessions since the end of September because as the weather got colder and schools/colleges have gone back we've not seen young people hanging around the waterside area except of course on our open access evenings when they have been waiting for friends to come to Livewire.
3. There have been 3 single issue programmes during this time we have continued to run the one on anxiety because that still seems to be quite prevalent and we were looking at the environment because of the recycling clothes project but that has become more about recycling in general so the single issue programme has moved on naturally from the environment in general to recycling. The project making music that promoted drug and alcohol awareness completed although the single issue programme remained in place because it sparked lots of conversations about drugs and alcohol awareness.
4. Approximately 506 individual young people have been engaged with through open access sessions, detached/outreach sessions, young women's music making sessions, well being group sessions, counselling, daytime referral sessions and Saturday recording sessions.

5. All young people engaged with have received or are currently receiving individual or group support.
6. 1 young person has been supported in getting back into employment, education or training during this period. (Employment)
7. 203 young people have measurable distance travelled
8. 17 young people were referred from schools, 8 from CAHMS, 6 from targeted youth support workers, 3 from youth offending service, 6 from GP's, 0 from social workers and 0 from the police and 14 from The Zone. In total we have had 54 referrals from other organisations during this period.
9. 458 volunteer support worker hours have taken place in this period.
10. We have currently got a group of 6 young people making up our development group who meet regularly to discuss issues and young people's desires for development at Livewire. This group most recently finished the redecorating and refurbishment of the blue room at Livewire.
11. The match funding secured to date includes the Big Lottery funding of 219,000 over 5 years of which 15,000 per year is towards youth work. Plus 11,000 gift from the young family for youth work. Plus 6,500 from rocking by the river, which took place in March. We were also invited to take part in a local event which secured Livewire just over £10,000. We have had various gifts during December one of 1,000 from the post office, a gift left in a will of just over 2500, the rocking by the river which took place in October raised another just over 2000.

We have been busy again at Livewire with mental health still being a priority of ours and we have been getting referrals from young people and parents as well as organisations for our counselling and youth worker support sessions which are all going really well and amazingly there still isn't a waiting list. Although it is extremely sad that there are so many young people needing the support we feel honoured and privileged to be able to go some way at least to meeting that need locally. In fact amongst our priorities moving forward would be to expand the work we are already doing in that area. We have also been busy in other aspects of our work and we must never forget the young musicians that come to Livewire and perform at various events throughout year. As well as the young people that just learn to play an instrument for themselves, their own personal well being is so important in this. Young musicians have also so far last year performed at Saltash May Fair, St Mellion golf club and we feel it was a real achievement this year to have had 130 young people from all over Cornwall playing at Boardmasters during Thursday, Friday, Saturday and Sunday. We also had young people performing at Saltash regatta which was later in the year than normal. We have started a food project whereby young people can get free food this started with bread and soup or toast or both but it has since then grown as the community kitchen have started bringing food down on Mondays for us to give away so this really has been something that has captured the hearts and minds of the community. I mentioned earlier in the report the recycling project but don't believe I really did it justice when it was

mentioned. The recycling clothes project came about as a result of young people wanting to do something for the environment. We also intended to have some fashion shows 4 in total but we have passed the dates that the first two were planned which is fine because we shall be having them. The recycling clothes project has really taken off as young people are getting enthused and showing their friends what they make and their friends are getting involved as a result. This ties in really well with the reports on something called fast fashion which is having a dreadful affect on the environment, by saving clothes that otherwise might end up in landfill instead they are being revamped and ending up on someone else's back. The wellbeing project continues to thrive as does the young womens music making on Tuesday evenings all in all it has been an excellent few months at Livewire youth project.